**Post-Operative Instructions for Sedation**

1. Following oral sedation, children may be sleepy or irritable. If your child naps, his/her head should be positioned so they can breathe easily. A good position for your child is lying on their side, which will also help if they were to become nauseated and vomit. **An adult must be with your child at all times.**
2. If your child is thirsty or hungry, begin with small amounts of clear liquids (7-Up, water, clear juice). If this is tolerated, then other liquids and soft foods are OK. Generally, a child will do better if kept to a light diet for the remainder of the day.
3. Following sedation, your child’s balance may be affected for several hours, therefore they should not be allowed to over-exert themselves or be involved in any excessive physical activity for the rest of the day. Be careful of glass doors or steps around the house.
4. Because your child’s mouth will still be numb following their procedure, please watch for biting or chewing of their lip, tongue, or cheek.
5. After the appointment, some pain and/or slight swelling may occur in the mouth. Give age/weight appropriate dose of Children’s Motrin or Tylenol, as indicated on the box, after \_\_\_\_\_\_\_\_\_\_\_\_ and every 6hrs for the rest of the day, as needed.
6. After you leave, if the condition of your child seems unusual or if you have any questions, **DO NOT HESITATE TO CALL OUR OFFICE.**

\*Call us **immediately** if:

* 1. You are unable to arouse your child.
  2. Your child experiences **excessive** vomiting or pain.
  3. Your child experiences prolonged severe pain, fever, or swelling.

**Special Instructions:**

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**Our telephone numbers are:**

**Clinic**: 806-796-2408

**After-Hours Dental Emergency**: **Call** 806-796-2408 & **Press “0”**

**IN THE CASE OF AN EMERGENCY PLEASE CALL 911.**